

**Aquiline Counseling**  
**Sandy Tudor, MA, LMHC**  
**Parental Supplement for Adolescent Client--Intake Sheet**  
**For Adolescents 13 to 17 Years of Age**

Today's Date: \_\_\_\_\_

**Parent to fill out this form**

**Client Name;** First \_\_\_\_\_ Last \_\_\_\_\_ Middle Initial \_\_\_\_\_

**Mother's Name:** First \_\_\_\_\_ Last \_\_\_\_\_ Middle Initial \_\_\_\_\_

**Father's Name:** First \_\_\_\_\_ Last \_\_\_\_\_ Middle Initial \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Cell phone company \_\_\_\_\_

Work Phone \_\_\_\_\_ Email \_\_\_\_\_

**Acceptable Forms of Communication & Leaving Messages: (check those that are acceptable)**

Home Phone \_\_\_\_ Cell Phone \_\_\_\_ Work Phone \_\_\_\_ Email \_\_\_\_ Texting \_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

**Please note: Answers are meant to be brief. You can expand on them during your appointment. Anything you are uncomfortable writing down need not be included on this form but can be discussed in person.**

**PARENTAL History (Please answer these questions about yourself):**

Relationship Status: Single \_\_\_\_ Married \_\_\_\_ Separated \_\_\_\_ Divorced \_\_\_\_ Widowed \_\_\_\_ Cohabiting \_\_\_\_  
Other \_\_\_\_\_

Length of current marriage or relationship \_\_\_\_\_ Number of divorces \_\_\_\_\_

Number of previous cohabitations \_\_\_\_\_ Other \_\_\_\_\_

Separations \_\_\_\_\_ Affairs \_\_\_\_\_

Other/Comments \_\_\_\_\_

**Client's Siblings (please identify if biological, adopted, step or half):**

1. Name, age, gender \_\_\_\_\_

2. Name, age, gender \_\_\_\_\_

3. Name, age, gender \_\_\_\_\_

4. Name, age, gender \_\_\_\_\_

Additional/Comments \_\_\_\_\_

**Please indicate family's major life stressors in the past 12 months or so:**

Death of a family member or close friend \_\_\_\_\_ Divorce/Separation \_\_\_\_\_ Job Issue \_\_\_\_\_

Serious illness or injury for the client \_\_\_\_\_ Major illness or injury in family \_\_\_\_\_ Gain of new family member \_\_\_\_\_

Move \_\_\_\_\_ Financial \_\_\_\_\_ Other \_\_\_\_\_

**Please indicate any of the following the client has experienced?**

Death of Mother\_\_\_\_ Age at occurrence\_\_\_\_  
Death of Father\_\_\_\_ Age at occurrence\_\_\_\_  
Death of Child\_\_\_\_ Age at occurrence\_\_\_\_ Child's age\_\_\_\_  
Death of Sibling\_\_\_\_ Age at occurrence\_\_\_\_ Siblings age\_\_\_\_  
Desertion by Mother\_\_\_\_ Age at occurrence\_\_\_\_  
Desertion by Father\_\_\_\_ Age at occurrence\_\_\_\_  
Divorce of Parents\_\_\_\_ Age at occurrence\_\_\_\_  
Separation of Parents\_\_\_\_ Age at occurrence\_\_\_\_

**Has the client experienced:** Sexual abuse\_\_\_\_ Emotional abuse\_\_\_\_ Physical abuse\_\_\_\_  
Neglect\_\_\_\_ Violence in the family\_\_\_\_ Mental illness of a family member\_\_\_\_  
Other trauma\_\_\_\_\_

**Treatment Information:**

Has the client ever received psychological or psychiatric counseling in the past? Yes\_\_\_\_ No\_\_\_\_  
When?\_\_\_\_\_  
From Whom?\_\_\_\_\_  
Purpose\_\_\_\_\_

Your opinion of results\_\_\_\_\_

Has the client ever been diagnosed with a mental health issue? Yes\_\_\_\_ No\_\_\_\_  
What was the diagnosis?\_\_\_\_\_

Has the ever been prescribed medication for a psychiatric or emotional concern? Yes\_\_\_\_ No\_\_\_\_  
When?\_\_\_\_\_  
From Whom?\_\_\_\_\_  
Name of medication?\_\_\_\_\_  
Used to treat?\_\_\_\_\_  
What were the results of the medication?\_\_\_\_\_

Is the client currently taking psychotropic medication (such as an antidepressant, ADHD med.)? Yes\_\_\_\_ No\_\_\_\_  
Name and dosage of the medication\_\_\_\_\_

Has the client ever been hospitalized for a psychiatric or emotional health reason? Yes\_\_\_\_ No\_\_\_\_  
Has the client ever been in a drug or alcohol treatment program? Yes\_\_\_\_ No\_\_\_\_ Inpatient\_\_\_\_ Outpatient\_\_\_\_  
Where?\_\_\_\_\_  
How long?\_\_\_\_\_  
Outcome?\_\_\_\_\_

**Medical Information**

Primary Care Physician or Clinic\_\_\_\_ Phone\_\_\_\_  
Date of latest physical exam\_\_\_\_ Major surgeries\_\_\_\_  
Chronic Illnesses\_\_\_\_\_

Injuries \_\_\_\_\_

Other pertinent medical \_\_\_\_\_

Other Current Medications (Name, dosage, frequency) \_\_\_\_\_

How would you describe the client's overall health: poor\_\_\_ fair\_\_\_ good\_\_\_ excellent\_\_\_

**To your knowledge:**

Does the client use tobacco products?: yes\_\_\_ no\_\_\_ What type? cigarettes\_\_\_ chewing tobacco\_\_\_

other\_\_\_\_\_ Use in the past? yes\_\_\_ no\_\_\_

Does the client use marijuana products?: yes\_\_\_ no\_\_\_ How much\_\_\_\_\_

Use in the past?: yes\_\_\_ no\_\_\_

Does the client consume alcohol? yes\_\_\_ no\_\_\_ Details\_\_\_\_\_

Does the client use any street drugs, misuse prescription drugs or use anything else to get high? Yes\_\_\_ No\_\_\_

Name of drug(s) and frequency\_\_\_\_\_

**Family Spiritual Resources**

How important is spirituality in the family's life? Not important\_\_ Somewhat important\_\_ Significant\_\_ Very significant\_\_

**Optional:**

Religious affiliation / faith / beliefs / denomination \_\_\_\_\_

**Describe the quality of your relationship with the client**\_\_\_\_\_

**From your perspective, why is the client seeking counseling?**\_\_\_\_\_

**What are your goals for the client's counseling?** \_\_\_\_\_

**Insurance Information**

**Note: Clients are financially responsible for annual deductibles, co-insurance and/or co-pays not covered by insurance.**

Insurance Company \_\_\_\_\_ Phone \_\_\_\_\_

**(a copy of insurance card and personal identification required at time of first visit)**

Client relationship to policy holder: Child \_\_\_\_ Other \_\_\_\_

Client's name \_\_\_\_\_ Date of birth \_\_\_\_\_

Policy ID number \_\_\_\_\_ Group number \_\_\_\_\_

Name of Policy Holder \_\_\_\_\_ Date of Birth of Policy Holder \_\_\_\_\_

Address if different than client \_\_\_\_\_ Phone \_\_\_\_\_

Employer \_\_\_\_\_

Is there any other health benefit plan? Yes \_\_\_\_ No \_\_\_\_

*I agree to permit **Aquiline Counseling and Training Services** to release to my insurance company and/or their representatives any information necessary for processing my insurance claims. This information may include: personal information listed above, diagnosis, dates of office visits, types of service, and the amount of charge. My signature also indicates that the information I have provided is true and complete. I understand that failure to provide complete information will result in my being held personally responsible for all charges incurred. **I understand that I am held financially responsible for unreimbursed charges not covered by the insurance policy.***

**Cash Paying Client: I understand that payment is due at the time services are rendered.**

Client Signature \_\_\_\_\_ Date \_\_\_\_\_